

ABSTRACT OF THE DISCLOSURE

5 A novel method of delivering conjugated
linoleic acid to an animal involves compounding feed or
food for human consumption with a biologically active
amount of conjugated linoleic acid alkyl ester (CLA-
ester). The CLA-ester comprises a mixture of c9,t11-
octadecanoic acid and t10,c12-octadecanoic acid, with
contaminating isomers being present at an aggregate
10 percentage of less than 5. Manufactured from sunflower
or safflower oil, the CLA-esters contain less than 0.5
percent phosphatidyl residue, so that a food grade
product is made without special purification and
refining steps.

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